

DS9208W Mapping the Soul with the Enneagram

Offered: 2018: Intensive – June/July

This unit explores the relationship between a person's identity and their spirituality through the Enneagram personal mapping system. It will identify the resourceful and non-resourceful dimensions of each personality type as well as fruitful ways to promote spiritual growth and personal development.

Students will engage with their own perceived personality frameworks and the impact these have on their developing awareness of self, God and the world in their everyday life experiences.

Upon successful completion of this unit, it is expected that students will be able to:

1. Articulate a critical understanding of the key components of the Enneagram mapping system.
2. Engage with the diversity of approaches in which the Enneagram is interpreted and used in contemporary society and practice.
3. Demonstrate a reflective understanding of their personality type and its influence on their everyday lived experience.
4. Critically evaluate the Enneagram as a mapping tool for one's spiritual life particularly in relation to prayer, discernment, work and ministry.
5. Identify and develop spiritual practices based on their personality type that promote development of their identity and spiritual growth.

Pre-requisites: Nil

Class Time: 6 days (2 x 3 days)

Assessment: One self-awareness report (2,000 words) (30%)
One essay (4,000 words) (70%)

Faculty: Tim McCowan, Peter Bentley

Recommended Reading:

* = set texts recommended for purchase

Almaas, A H. *Facets of Unity: The Enneagram of Holy Ideas*. Berkeley, CA: Diamond, 2000.

Daniels, David & Virginia Price. *The Essential Enneagram: The Definitive Personality Test and Self-Discovery Guide*. Revised and updated edition. New York: HarperCollins, 2009.

Empereur, James. *Enneagram and Spiritual Direction: Nine Paths to Spiritual Guidance*. New York: Continuum, 2007.

Maitri, S. *The Spiritual Dimension of the Enneagram: Nine Faces of the Soul*. New York: Penguin Putnam, 2001.

Maitri, S. *The Enneagram of Passions and Virtues*. New York: Penguin Putnam, 2005.

Nathans, Hannah. *The Enneagram at Work: Towards Personal Mastery and Social Intelligence*. London: Cyan/Scriptum, 2004.

Riso, D R. and R Hudson. *The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types*. New York: Random House, 1999.

Rohr, R. & Ebert, A. *The Enneagram: A Christian Perspective*, New York: Crossroad, 2001.

Wagner, Jerome. *Nine Lenses on the World: the Enneagram Perspective*. Evanston: IL: Nine Lens Press, 2010.

*Wagner, Jerome. *The Enneagram Spectrum of Personality Styles: an introductory guide*. Portland, OR: Metamorphous Press, 1996.

Zuercher, S. *Enneagram Spirituality*. Notre Dame, IN: Ava Maria, 1992.

Zuercher, S. *Using the Enneagram in Prayer: A Contemplative Guide*. Notre Dame, IN: Ava Maria, 2008.