

## DS3008W Spirituality: Transforming Life

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**Offered:** 2018: Semester 2

This unit explores the integration of spirituality with the practice and theology of ministry. Students will be introduced to a range of theoretical and experiential tools with which to explore the inward or contemplative and outward movements of the spiritual journey, the art and craft of discernment, and the significance of their personal identity in shaping their ministry practice.

Upon successful completion of this unit, it is expected that students will be able to:

1. Articulate a personal ministry identity.
2. Describe and explore the relationship between identity and a personal sense of vocation, giftedness and service.
3. Identify and analyse critical elements that enhance or restrict their spiritual growth.
4. Demonstrate the use of various resources and disciplines in the support and sustenance of their spiritual life for ongoing ministry.
5. Formulate and explain the interrelationship between the contemplative and the practical dimensions of ministry.

**Pre-requisite:** Students should normally have completed 60 points across fields B, C and D

**Class Time:** Three hours per week

**Assessment:** Two 1,000 word reflective papers (40%)  
One 3,000 word research essay (60%)

**Faculty:** Roslyn Wright

### **Recommended Reading:**

\* = set texts recommended for purchase

Bieber, Nancy L. *Decision Making and Spiritual Discernment: The Sacred Art of Finding Your Way*. Woodstock: Skylight Paths Publishing, 2010.

Ford, David F. *The Shape of Living: Spiritual Directions for Everyday Life*. Grand Rapids, Michigan: Zondervan, 2001.

Geoffrion, Timothy C. *The Spirit-Led Leader: Nine Leadership Practices and Soul Principles*. Herndon, Virginia: The Alban Institute 2005.

Herrington, Jim, R. Robert Creech, and Trisha Taylor. *The Leader's Journey: Accepting the Call to Personal and Congregational Transformation*. San Francisco: Jossey-Bass, 2003.

Hinson, E. Glenn. *Spiritual Preparation for Christian Leadership*. Nashville: Upper Room Books, 1999.

Jordan, Merle R. *Reclaiming Your Story: Family History and Spiritual Growth*. Louisville: Westminster John Knox Press, 1999.

Marcuson, Margaret J. *Leaders Who Last: Sustaining Yourself and Your Ministry*. New York: Seabury Books, 2009.

Mulholland, M. Robert. *The Deeper Journey: Discovering Your True Self*. Downers Grove, Illinois: IVP Books, 2006.

Nouwen, Henri. *Spiritual Formation: Following the Movements of the Spirit*. New York: HarperOne, 2010.

\*Scazzero, Peter. *Emotionally Healthy Spirituality*. Nashville: Thomas Nelson, 2006.