

DP0150W Discipleship and Purposeful Living

Offered: 2018: NEXT Program Semester 1 – 2 (whole year unit)
[For students in the NEXT Program only]

This unit engages students in a process of discipleship formation. It encourages interdependence and constructive life practices that reflect the student's own expression of faith and vocation. Students are introduced to skills and practices that develop self-awareness, self-evaluation, critical thinking and deliberative action. Specific attention is given to the student identifying and developing their own practices and expressions of faith that reflect integrity and authenticity in response to their personal circumstances and relationships.

Upon successful completion of this unit, it is expected that students will be able to:

1. Articulate an emerging appreciation of their own life-values and personal identity drawing upon resources from both the social sciences and the Christian tradition;
2. Evaluate a variety of personal, relational and institutional resources necessary for their current and future expression of faith;
3. Identify and engage with spiritual practices that reflect the student's lived priorities and personal faith.

Prerequisites: Nil

Prohibited combinations: DP0151W Discipleship and Purposeful Living (30 points)

Class Time: NEXT Program: equivalent to 1½ hours per week

Teaching Methods: In addition to lectures and tutorials, the unit will also utilise small group work and personal coaching to provide students with the opportunity to explore opportunities for personal development, critical reflection as well as engage in action-reflection processes.

Assessment:

Tutorial presentations (3 x 20 minutes)	(33%)
Journal/reflection papers (1,000 words)	(33%)
Essay (1,000 words)	(33%)

This unit is marked on a Pass/Fail basis.

To obtain a Pass, students must satisfactorily complete the following:

1. An examination and clarification of their personal sense of self. This task may be undertaken in a variety of ways including the development and submission of any or all of the following:
 - a. Personal Timeline
 - b. Personal Identity Statement
 - c. Personal Profile
2. Develop a personal network of support where the student engages a variety of resources that assist their spiritual expression and religious engagement. Such a network might include:
 - a. Committed engagement with a faith community or church
 - b. Regular meetings with one or more mentors
 - c. Constructive engagement with a positive peer group
3. Research and deliberately engage with spiritual practices. This may take the form of:
 - a. Creative expression of their faith in societal or relational contexts
 - b. Personal Practices of faith the student regularly undertakes of their own accord

Students will evidence their engagement with the above tasks through the following:

1. Students are assigned a tutor who will closely attend their journey throughout the year.
2. Participation in a small tutorial group where the above matters are discussed (2 hours per week throughout semester) DUE: Weekly
3. Tutorial presentations reporting their activity (3 x 20 minutes) DUE by negotiation
4. Submission of a journal / reflection papers (approx. 1000 words) DUE by negotiation
5. Submission of researched essays (approx. 1000 words) DUE: By negotiation

Faculty: Rowan Lewis

Recommended Reading:

* = set texts recommended for purchase

Clinton, R. *The Making of a Leader*. Colorado Springs, CO: NavPress, 1988

Collins, G. *Christian Coaching: Helping Others Turn Potential into Reality* (2nd Ed.) Colorado Springs, CO: NavPress, 2009

Jones, L.B. *The Path: Creating Your Mission Statement for Work and for Life*. New York, NY : Hyperion, 1998

McNeal, R. *A Work of Heart: Understanding How God Shapes Spiritual Leaders* San Fransisco, CA : Jossey-Bass, 2000

Peace, R. *Spiritual Autobiography: Discovering and Sharing Your Spiritual Story*. Carol Stream, IL: NavPress, 1998

Rima, S. *Leading from the Inside Out: The Art of Self-Leadership*. Grand Rapids, MI : Baker Books, 2000

Smith, H. W. *What Matters Most: The Power of Living Your Values*. New York: Simon & Schuster, 2001.

Stanley, A. *The Principle of the Path: How to Get from Where You Are to Where You Want to Be*. Nashville, TN: Thomas Nelson, 2009

Simon, S. Howe, L. and Kirschenbaum, H. *Values Clarification*. New York, NY: Warner Books, 1995

Sine, C, and Sine, T. *Living on Purpose: Finding God's Best for Your Life*. Grand Rapids, MI: Baker Books, 2000