

DD8203W Art of Spiritual Direction 2

Offered: 2018: Extensive March – October (*through WellSpring*)

This unit builds on the learning done in the unit DD8202W Art of Spiritual Direction I. Teaching seminars cover stages of faith, sexuality, grief, anger and depression, patterns of prayer, theological issues, discernment, images of God, dreams and artwork as ways of listening to God, the relevance of contextual issues, ethics and other practical matters. Practical work and supervision continue at a deeper level. There is also one residential weekend.

Upon successful completion of this unit, it is expected that students will be able to:

1. Demonstrate a working knowledge of the code of ethics for spiritual directors
2. Critically reflect on the basic theological understanding of faith and doubt, revelation, conversion, images of God, and personal transformation for spiritual direction practice
3. Demonstrate a critical understanding of the stages of faith and how they relate to their experience of people participating in spiritual direction
4. Identify and analyse a variety of contextual issues that impact on the practice of spiritual direction
5. Critically reflect on the experience of God in their lives and the lives of those who participate in spiritual direction.

Pre-requisites: Art of Spiritual Direction 1 (DD8202W)

Unit Value: 30 points

Class Time: Intensive: 5 x 2 day blocks

Assessment:

One essay (4,000 words)	(40%)
One book review (2,000 words)	(15%)
One reflection journal (2,000 words)	(15%)
Ten verbatim reports – 400 words each (4,000 words)	(30%)

Faculty: Peter Bentley (Co-ordinator)

Recommended Reading:

* = set texts recommended for purchase

Carretto, C., *I Sought and I Found: My Experience of God and of the Church*. Maryknoll, N.Y.: Orbis Books, 1984.

Edwards, D., *How God Acts: Creation, Redemption, and Special Divine Action*. Minneapolis [Minn.]: Fortress Press, 2010

Fowler, J., *Stages of Faith: The Psychology of Human Development and the Quest for Meaning*, New York: Harper Collins Publishers, 1995.

_____, *Becoming Adult, Becoming Christian*, revised edn, San Francisco: Jossey Bass, 2000.

* Hagberg, J. and R. A. Guelich, *The Critical Journey: Stages in the Life of Faith*. Dallas: Word Pub., 1989.

Liebert, E., *Changing Life Patterns*, St Louis: Chalice Press, 2000.

_____, *The Way of Discernment: Spiritual Practices for Decision Making*. Louisville, Ky.: Westminster John Knox Press, 2008.

Ruffing, J., *Spiritual Direction: Beyond the Beginnings*. New York: Paulist Press, 2000.