This unit explores the relationship between a person’s identity and their spirituality through the Enneagram personal mapping system. It will identify the resourceful and non-resourceful dimensions of each personality type as well as fruitful ways to promote spiritual growth and personal development.

Students will engage with their own perceived personality frameworks and the impact these have on their developing awareness of self, God and the world in their everyday life experiences.

Upon successful completion of this unit, it is expected that students will be able to:
1. Articulate a critical understanding of the key components of the Enneagram mapping system.
2. Engage with the diversity of approaches in which the Enneagram is interpreted and used in contemporary society and practice.
3. Demonstrate a reflective understanding of their personality type and its influence on their everyday lived experience.
4. Critically evaluate the Enneagram as a mapping tool for one’s spiritual life particularly in relation to prayer, discernment, work and ministry.
5. Identify and develop spiritual practices based on their personality type that promote development of their identity and spiritual growth.

Pre-requisites: Nil

Class Time: 6 days (2 x 3 days)

Assessment:
- One self-awareness report (2,000 words) (30%)
- One essay (4,000 words) (70%)

Faculty: Tim McCowan, Peter Bentley

Recommended Reading:
* = set texts recommended for purchase


