DP0139W  Caring for Others and Ourselves

Offered: 2017: Intensive - July

This unit explores the pastoral dimensions of grief and loss, marriage and family and interpersonal relationships. The unit has a special focus on the development of effective helping skills and healthy boundaries, the management of conflict and vocational self-awareness. The unit is undergirded by a biblical and theological approach to the discipline of pastoral care.

Upon successful completion of this unit, it is expected that students will be able to:
1. Develop and practice a variety of pastoral helping skills that will assist them as they seek to work with young people.
2. Write and present verbatim reports and case studies.
3. Show a biblical and critical awareness of key issues related to pastoral themes, such as family systems, coping with grief and loss, and conflict management.
4. Outline issues that impinge upon a pastoral carer, including setting and maintaining boundaries, handling conflict and having healthy ministry practice.

Prerequisites: Nil

Class Time: 5 days

Assessment:
- Reflective verbatim (750 words) (25%)
- Case study (750 words) (25%)
- Thematic essay (1,500 words) (50%)

Faculty: TBA

Recommended Reading:
* = set texts recommended for purchase

Rohr, R. *Everything belongs* New York: Crossroads, 1999
Worthington, Everett L. *When someone asks for help: A practical guide to counseling*, Downers Grove: InterVarsity Press, 1982