DD9204W  Art of Spiritual Direction 3

This unit will explore significant theological and psychological issues in spiritual direction as well as the student’s developing sense of call to this ministry. Topics covered include discerning ministry directions, different types of conversion, the Trinity, sexuality and spirituality, and the prophetic aspects of spiritual direction. In addition, each student will undertake a research project in an area of personal interest in the ministry of spiritual direction.

Upon successful completion of this unit, it is expected that students will be able to:

1. Demonstrate creativity and initiative in integrating theological reflection, knowledge and skills of spiritual direction, and the capacity to apply them to new situations in ministry and/or further learning;
2. Describe and articulate the distinctive role of spiritual direction among the helping professions;
3. Evaluate how psychological issues impact the practice of spiritual direction;
4. Research an aspect of spiritual direction and justify its unique relationship with spiritual direction practice.

Pre-requisites: Art of Spiritual Direction 2 (DD8203W)

Unit Value: 30 points

Class Time: Intensive: 5 x 2 day blocks, including a live-in intensive

Assessment:
- One 8,000 word research project and a one-hour presentation of the findings (70%)
- 4,000 word – reflection papers for peer group work (30%)

Faculty: Peter Bentley (Co-ordinator), Lynette Dungan, Joan Wright-Howie, Rosanne Arnott

Offered: 2016: Intensive March – November (through WellSpring)

Select Bibliography:
* = set texts recommended for purchase
