Creativity and Spirituality

This unit invites students to explore and develop their own spiritual practice through the intentional engagement of creative expressions. The experience and process of developing these practices will be cultivated and informed by traditional and contemporary frameworks of creativity and spirituality. Particular attention will be focused upon the integration of theory and practice, creativity and spirituality.

Upon successful completion of this unit, it is expected that students will be able to:
1. Theologically reflect on the engagement of creativity in spirituality in light of historic and contemporary frameworks;
2. Discuss the engagement of particular expressions of creativity in light of relevant spiritual and creative theory;
3. Cultivate their own practices informed by relevant spiritual and creative disciplines and theory;
4. Evaluate their own creative involvement as an expression of their spirituality.

Prerequisites: Nil

Class Time: Two hours per week

Teaching Methods:
The unit will normally employ an action-reflection process that may utilise some or all of the following delivery mechanisms:
- Practical engagement with various forms of creative expression;
- Personal coaching, mentoring and/or spiritual direction;
- Small group participation;
- Formal in-class instruction.

Assessment:
- Four 250 word journal entries of reflections (30%)
- One 750 word theological reflection paper (30%)
- One creative work plus explanatory essay (equivalent to 2,000 words) (40%)

Faculty: Joel McKerrow

Offered: 2016: Semester 1 – 2 (April - October)

Recommended Reading:
* = set texts recommended for purchase